



#CNUSDAlwaysLearning

3-6 Elementary Enrichment & Learning

Listed below are a series of enrichment activities to do with your child. These activities can be repeated daily. These enrichment activities are linked to grade level resources on the CNUSD Website bit.ly/CNUSDalwayslearning

Wake-up	Good Morning!!!	
30 mins	Mindfulness	<ul style="list-style-type: none"> • Yoga • Mindfulness for your Everyday Life • Insight Timer App
30-60 mins	Academics Reading	<ul style="list-style-type: none"> • 3rd grade CNUSDalwayslearning Reading • 4th grade CNUSDalwayslearning Reading • 5th grade CNUSDalwayslearning Reading • 6th grade CNUSDalwayslearning Reading
30 mins	Writing – Response to text	<p>Students write their reactions to Reading Texts or Independent Reading</p> <ul style="list-style-type: none"> • What was the most important idea in the story/text? Can you provide evidence? • What did the story/text make you think about? • Did you check for capitals, punctuation and spelling?
30 mins	Let's Move/ Exercise	<ul style="list-style-type: none"> • How to Exercise • Indoor PE • GoNoodle
30-60 mins	Creative Time	<ul style="list-style-type: none"> • Playdough and whiteboards • Coloring • Free Online Art Lessons for Kids • Daily Lunch Doodles • Blackbox Learning
60 mins	Lunch	School Meals are being served at Adams, Coronita, Garretson, Jefferson, Stallings, Vicentia, Washington, Lincoln, McKinley, Parkridge, HGA, Norco High, ERHS and Todd Academy.
30-60 mins	Academics Math	<ul style="list-style-type: none"> • 3rd grade CNUSDalwayslearning Math • 4th grade CNUSDalwayslearning Math • 5th grade CNUSDalwayslearning Math • 6th grade CNUSDalwayslearning Math
30-60 mins	Academics Social Studies Science	<ul style="list-style-type: none"> • 3rd grade CNUSDalwayslearning • 4th grade CNUSDalwayslearning • 5th grade CNUSDalwayslearning • 6th grade CNUSDalwayslearning
30 mins	Wellbeing	Visit the virtual tours, use the online additional resources, walk, run, play outside!